

GOLDEN HAWK HIGH SCHOOL FOOTBALL CAMP

PROGRAM - *Junior Day Camp (May 7, 2016) - Grades 9 & 10*
- *Senior Day Camp (May 8, 2016) - Grades 11, 12 & 12+*



The Golden Hawks Football Camps will provide developing Football players (aged 13-19) with an opportunity to improve their skills and increase their understanding of the game of football in a fun and challenging environment. The camp will also allow gifted players to be seen and scouted by the Wilfrid Laurier Golden Hawks coaching staff.

CAMP FEATURES

Every position is encouraged to attend! You will be coached by Laurier Football coaches and players throughout the day. Not only will they instruct you during the two practices, but there will also be times in between in the meeting rooms where the athletes will be coached and corrected using film. The majority of practice will be focusing on the individual skills taught by the positional coach and players, but there will also be time for competitive drills and competitions.

Junior Camp Fee (Grade 9-10) - \$90 (no HST)

Senior Camp Fee (Grade 11-12) - \$79.65 +HST

What You Get

- Great individual instruction from Laurier coaches and players
- Full access to Laurier meeting rooms, locker room and game field
- BBQ Lunch
- Laurier Football Camp T-Shirt

What You Need to Bring

- Cleats
- Mouth Guard
- Helmet
- Shoulder Pads
- Shorts or Sweat Pants

Required Information (*To be filled out on the Order Form*):

Height (in Feet & Inches)

Weight (in lbs)

Football Position

Playing Experience

Grade In School

School

Coach

E-Mail Address

CAMP SCHEDULE - 81 Seagram Drive

9:00 am	Registration	2:00 - 4:00 pm	Practice #2
10:00 - 12:00 pm	Practice #1	4:00 pm	Pick-Up
12:00 pm	BBQ Lunch		
12:30 - 1:30 pm	Film Breakdown		

To register, visit: www.laurierathletics.com/camps